

August 2017

- Holidays in Japan
- Kids classes
- COMMUNITY EVENTS
- TRIPS
- Key Dates & Holidays
- Work
- CHIC Events
- Fitness
- Classes
- canacad.ac.jp/
- 自宅
- Community House & Information Centre
- Cooking Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	1	2	3	4	5	6
7	8	9	10	11 Mountain Day	12	13
14	15	16	17	18	19	20
21	22	23	24 School Back/CHIC Opens	25	26	27
28 ■ 9:00 AM Bootcamp ■ 10:00 AM French Adv R3 ■ 11:00 AM Oshie CR ■ 11:40 AM French Inter R3 ■ 1:00 PM French Beg R3 ■ 1:30 PM English Beg R1 	29 ■ 10:00 AM Playgroup BH ■ 10:00 AM Japanese Beg R2 ■ 10:30 AM Namita Cooking tour ■ 12:00 PM Japanese Int R2 	30 ■ 9:00 AM Nordic & Power Walk ■ 9:30 AM Zumba BH ■ 10:00 AM Ikebana Mishoryu CR ■ 11:00 AM Yoga BH ■ 12:30 PM Tai Chi Beg BH ■ 3:30 PM Tai Chi Inter/Adv BH 	31 ■ 9:00 AM CA New Parent Welcome ■ 10:30 AM Kimono Inter R2 ■ 10:30 AM Toddler Yoga BH ■ 10:30 AM Namita Cooking tour ■ 12:30 PM Kimono Adv R2 ■ 1:00 PM English Inter R1 ■ 1:30 PM Choir BH 	1 ■ 8:45 AM Bootcamp ■ 10:00 AM Music & Movement BH ■ 11:00 AM Storytime ■ 12:30 PM Piano Lessons BH 	2	3

September 2017

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28 <ul style="list-style-type: none"> 9:00 AM Bootcamp 10:00 AM French Adv R3 11:00 AM Oshie CR 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	29 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 10:30 AM Namita Cooking tour 12:00 PM Japanese Int R2 	30 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Ikebana Mishoryu CR 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	31 <ul style="list-style-type: none"> 9:00 AM CA New Parent Welcome 10:30 AM Kimono Inter R2 10:30 AM Toddler Yoga BH 10:30 AM Namita Cooking tour 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH 	1 <ul style="list-style-type: none"> 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Storytime 12:30 PM Piano Lessons BH 	2	3
4 <ul style="list-style-type: none"> Pinball Wizards & Mexican Lunch 9:00 AM Bootcamp 10:00 AM French Adv R3 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	5 <ul style="list-style-type: none"> 9:30 AM Bloom R3 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 	6 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Ikebana Mishoryu CR 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	7 <ul style="list-style-type: none"> 10:30 AM Toddler Yoga BH 11:00 AM Food&Fitness Workshop R1 1:00 PM English Inter R1 	8 <ul style="list-style-type: none"> 8:45 AM Bootcamp 10:00 AM Music & Movement BH 10:30 AM No Bake Snacks CK 11:00 AM Storytime 12:30 PM Piano Lessons BH 	9	10
11 <ul style="list-style-type: none"> 9:00 AM Bootcamp 10:00 AM French Adv R3 10:30 AM Book Club CK 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	12 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 10:30 AM Indian Cooking CK 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR 	13 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:30 AM Shodo Inter R3 10:30 AM Decorating with Flowers CR 10:30 AM Kimono Beginner 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	14 <ul style="list-style-type: none"> 10:30 AM Toddler Yoga BH 10:30 AM Kimono Inter R2 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH 2:00 PM Japanese Culture R3 6:30 PM Shodo Evening R3 7:00 PM GNO 	15 <ul style="list-style-type: none"> 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Storytime 11:00 AM Ikebana Ikenobo CR 11:15 AM Shodo Inter R3 12:30 PM Piano Lessons BH 1:00 PM Shodo Beg R3 	16	17
18 <ul style="list-style-type: none"> Respect for the Aged Day 	19 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 11:30 AM Lunch Excursion 12:00 PM Japanese Int R2 	20 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Fabric Tea Box CR 10:30 AM Shodo Inter R3 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	21 <ul style="list-style-type: none"> 10:00 AM Ikebana Mishoryu CR 10:30 AM Toddler Yoga BH 10:30 AM Baby Massage R2 11:00 AM Food&Fitness Workshop R1 1:00 PM English Inter R1 6:30 PM Shodo Evening R3 	22 <ul style="list-style-type: none"> USJ! 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Storytime 12:30 PM Piano Lessons BH 	23 <ul style="list-style-type: none"> Autumn Equinox 	24
25 <ul style="list-style-type: none"> 9:00 AM Bootcamp 10:00 AM French Adv R3 11:00 AM Oshie CR 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	26 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR 	27 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Fabric Tea Box CR 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	28 <ul style="list-style-type: none"> 10:30 AM Washi Dolls CR 10:30 AM Kimono Inter R2 10:30 AM Toddler Yoga BH 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH 	29 <ul style="list-style-type: none"> 8:45 AM Bootcamp 10:00 AM Music & Movement BH 10:00 AM Ikebana Mishoryu CR 11:00 AM Storytime 11:15 AM Shodo Inter R3 12:30 PM Piano Lessons BH 1:00 PM Shodo Beg R3 	30 <ul style="list-style-type: none"> 7:00 PM CHIC's 40th Dinner 	1

October 2017

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25 <ul style="list-style-type: none"> 9:00 AM Bootcamp 10:00 AM French Adv R3 11:00 AM Oshie CR 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	26 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR 	27 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Fabric Tea Box CR 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	28 <ul style="list-style-type: none"> 10:30 AM Washi Dolls CR 10:30 AM Kimono Inter R2 10:30 AM Toddler Yoga BH 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH 	29 <ul style="list-style-type: none"> 8:45 AM Bootcamp 10:00 AM Music & Movement 10:00 AM Ikebana Mishoryu 11:00 AM Storytime 11:15 AM Shodo Inter R3 12:30 PM Piano Lessons BH 1:00 PM Shodo Beg R3 	30 <ul style="list-style-type: none"> 7:00 PM CHIC's 40th Dinner 	1
2 <ul style="list-style-type: none"> 9:00 AM Bootcamp 10:00 AM French Adv R3 10:30 AM Mexican Cooking CK 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	3 <ul style="list-style-type: none"> Dress as a Maiko 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 	4 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Ikebana Mishoryu 10:30 AM Shodo Inter R3 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	5 <ul style="list-style-type: none"> 9:30 AM Seaborn Art CR 10:30 AM Toddler Yoga BH 11:00 AM Food&Fitness Workshop R1 1:00 PM English Inter R1 6:30 PM Shodo Evening R3 	6 <ul style="list-style-type: none"> 8:45 AM Bootcamp 9:30 AM MBTI R3 10:00 AM Music & Movement BH 11:00 AM Storytime 12:30 PM Piano Lessons BH 	7	8 <ul style="list-style-type: none"> 3:00 PM Self Defense R3
9 <ul style="list-style-type: none"> Sports Day 	10 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Italian R1 10:00 AM Japanese Beg R2 10:30 AM Indonesian Cooking CK 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR 	11 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:30 AM Kimono Beginner 10:30 AM Decorating with 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	12 <ul style="list-style-type: none"> 10:30 AM Kimono Inter R2 10:30 AM Toddler Yoga BH 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH 7:00 PM GNO 	13 <ul style="list-style-type: none"> Yuzen Dyeing Trip 8:45 AM Bootcamp 10:00 AM Music & Movement 11:00 AM Storytime 11:15 AM Shodo Inter R3 	14	15
16 <ul style="list-style-type: none"> 9:00 AM Bootcamp 10:00 AM French Adv R3 10:30 AM Book Club CK 11:00 AM Oshie CR 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	17 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 11:30 AM Lunch Excursion 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR 	18 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:30 AM Shodo Inter R3 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	19 <ul style="list-style-type: none"> 10:00 AM Ikebana Mishoryu 10:00 AM Turn CHIC Pink 10:30 AM Kimono Inter R2 11:00 AM Food&Fitness 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 6:30 PM Shodo Evening R3 	20 <ul style="list-style-type: none"> Amphibian Bus tour 8:45 AM Bootcamp 10:00 AM Music & Movement 11:00 AM Storytime 11:00 AM Ikebana Ikenobo 	21	22
23 <ul style="list-style-type: none"> CHIC Closed Fall Break 	24	25	26	27	28	29
30 <ul style="list-style-type: none"> Higashi Honganji 9:00 AM Bootcamp 10:00 AM French Adv R3 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1 	31 <ul style="list-style-type: none"> 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 1:00 PM Cooking for Coffee 	1 <ul style="list-style-type: none"> 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:30 AM Shodo Inter R3 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH 	2 <ul style="list-style-type: none"> 10:00 AM Washi Covered Tea Box CR 10:30 AM Toddler Yoga BH 11:00 AM Food&Fitness 1:00 PM English Inter R1 1:30 PM Choir BH 6:30 PM Shodo Evening R3 	3 <ul style="list-style-type: none"> Culture Day 	4	5

November 2017

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30 Higashi Honganji 9:00 AM Bootcamp 10:00 AM French Adv R3 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	31 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 1:00 PM Cooking for Coffee	1 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:30 AM Shodo Inter R3 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	2 10:00 AM Washi Covered Tea Box CR 10:30 AM Toddler Yoga BH 11:00 AM Food&Fitness Workshop R1 1:00 PM English Inter R1 1:30 PM Choir BH 6:30 PM Shodo Evening R3	3 Culture Day	4	5
6 Sanda Shopping Trip 9:00 AM Bootcamp 10:00 AM French Adv R3 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	7 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Lunch Excursion 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR	8 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Ikebana Mishoryu CR 10:00 AM Pumpkin Bread CK 10:30 AM Kimono Beginner 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	9 10:30 AM Kimono Inter R2 10:30 AM Toddler Yoga BH 11:00 AM IKEA Cooking CK 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 7:00 PM GNO	10 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Storytime 11:15 AM Shodo Inter R3 12:30 PM Piano Lessons BH 1:00 PM Shodo Beg R3 2:30 PM British Afternoon Tea	11 Food and Fun fair at CA	12
13 Kyoto Handicraft Centre 9:00 AM Bootcamp 10:00 AM French Adv R3 10:30 AM Book Club 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	14 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 10:30 AM Thai Cooking Class CK 12:00 PM Japanese Int R2	15 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:30 AM Shodo Inter R3 10:30 AM Decorating with Flowers CR 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	16 10:00 AM Ikebana Mishoryu CR 10:30 AM Toddler Yoga BH 10:30 AM Baby Massage R2 11:00 AM Food&Fitness Workshop R1 1:00 PM English Inter R1 1:30 PM Choir BH 6:30 PM Shodo Evening R3	17 Katsuoji: Lucky Daruma Temple 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Storytime 11:00 AM Ikebana Ikenobo CR 12:30 PM Piano Lessons BH	18	19
20 9:00 AM Bootcamp 10:00 AM French Adv R3 11:00 AM Oshie CR 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	21 Temple Sale Trip 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR	22 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Fabric Tea Box CR 10:30 AM Italian Cooking CK 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	23 Labor Thanksgiving Day	24 8:45 AM Bootcamp 10:00 AM Music & Movement BH 10:00 AM Ikebana Mishoryu CR 11:00 AM Storytime 11:15 AM Shodo Inter R3 12:30 PM Piano Lessons BH 1:00 PM Shodo Beg R3	25	26
27 Eikando Temple 9:00 AM Bootcamp 10:00 AM French Adv R3 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	28 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 10:00 AM Xmas Gift Tags 12:00 PM Japanese Int R2	29 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Fabric Tea Box CR 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	30 10:30 AM Toddler Yoga BH 10:30 AM Washi Dolls CR 10:30 AM Kimono Inter R2 11:00 AM Food&Fitness Workshop R1 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH	1 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Ikebana Ikenobo CR 11:00 AM Storytime 12:30 PM Piano Lessons BH	2 10:00 AM Holiday Bazaar	3

December 2017

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27 Eikando Temple 9:00 AM Bootcamp 10:00 AM French Adv R3 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	28 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 10:00 AM Xmas Gift Tags 12:00 PM Japanese Int R2	29 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Fabric Tea Box CR 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	30 10:30 AM Toddler Yoga BH 10:30 AM Washi Dolls CR 10:30 AM Kimono Inter R2 11:00 AM Food&Fitness Workshop R1 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH	1 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Ikebana Ikenobo CR 11:00 AM Storytime 12:30 PM Piano Lessons BH	2 10:00 AM Holiday Bazaar	3
4 9:00 AM Bootcamp 10:00 AM French Adv R3 10:30 AM Santa sushi CK 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	5 10:00 AM Playgroup BH 10:00 AM Japanese Beg R2 12:00 PM Japanese Int R2 1:30 PM Brush Painting CR	6 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:00 AM Ikebana Mishoryu CR 10:30 AM Shodo Inter R3 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	7 Volunteer Lunch/ Office Closed 6:30 PM Shodo Evening R3	8 Christmas Home Tour 8:45 AM Bootcamp 10:00 AM Music & Movement BH 11:00 AM Storytime 11:15 AM Shodo Inter R3 12:30 PM Piano Lessons BH 1:00 PM Shodo Beg R3	9	10
11 Kitano Hotel Afternoon Tea 9:00 AM Bootcamp 10:00 AM French Adv R3 10:30 AM Book Club CK 11:00 AM Oshie CR 11:40 AM French Inter R3 1:00 PM French Beg R3 1:30 PM English Beg R1	12 10:00 AM Japanese Beg R2 10:00 AM Playgroup BH 12:00 PM Japanese Int R2 3:00 PM German Christmas Cake & Coffee	13 9:00 AM Nordic & Power Walk 9:30 AM Zumba BH 10:30 AM Kimono Beginner R2 11:00 AM Yoga BH 12:30 PM Tai Chi Beg BH 3:30 PM Tai Chi Inter/Adv BH	14 10:00 AM Christmas Coffee/ program launch 10:30 AM Kimono Inter R2 10:30 AM Toddler Yoga BH 12:30 PM Kimono Adv R2 1:00 PM English Inter R1 1:30 PM Choir BH	15 10:00 AM Music & Movement BH 11:00 AM Storytime 12:30 PM CHIC Closed	16	17
18	19	20	21	22	23 Emperor's Birthday	24
25	26	27	28	29	30	31